GREEN OFFICE
Auraria Sustainable Campus Program

LIVE SUSTAINABLY

HOW TO GREEN YOUR HOME OFFICE

In the post-COVID world, remote work has continued to prevail for many individuals. When working from home, Auraria campus employees slow the spread of viruses while also contributing to a drastically lower environmental footprint for the city Denver and the state of Colorado. But how can we still be green while working from home?

☐ **TURN OFF THE FAUCET**

While washing your hands and stopping the spread of infection, don't let the water run while you scrub your hands for 20 seconds. You could save up to ¾ of a gallon of water with each hand wash!

☐ **WORK IN A WELL-LIT AREA**

Try to utilize Colorado's sunny days by setting up your office space near natural light and not turning on your overhead lighting or lamps. By doing so, your personal electricity use will decrease.

☐ **POWER DOWN**

Just like in your office on campus, try to plug in all your appliances into a power strip. That way when you step away from your desk, you can switch the strip off and conserve energy. Also, leave all your appliances such as printers or speakers unplugged while not in use.

☐ **SWITCH YOUR BULBS**

LED light bulbs use 25-80% less energy than incandescent bulbs (epa.gov). Switch out the lights you find are on more now that you're home full time.

☐ **ADJUST YOUR THERMOSTAT**

Keep your thermostats within the recommended range (68˚ or below in winter & 75˚ or above in summer).

☐ **ELIMINATE SINGLE USE PLASTICS**

Now that you're at home, try to limit or eliminate your use of single use items such as paper plates, coffee cups, and plastic utensils. After using your reusable dishware, run your dishwasher only when its full- which will save more water than washing dishes in the sink.

Check out Berkley's Cool Climate Calculator (https://coolclimate.org/calculator) to check your work from home carbon footprint

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Questions? Email greenoffices@ahec.edu or visit www.sustainableauraria.org/greenoffices for more information

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